

Therapeutic Resources Madison, WI

The following counseling/consultation organizations offer services related to mental health care, substance abuse/dependence care, and general support. The services listed below are open to all persons regardless of religious or university affiliation and some have fees on a sliding scale based on an individual's ability to pay. In addition, there are many private practice clinics that are not listed here. Because some organizations offer only short-term counseling and there may be waiting lists for appointments, we encourage you to contact more than one if you wish to receive therapeutic support.

Access Community Health Centers

(608) 443-5480

<http://accesscommunityhealthcenters.com/index.asp>

***Sliding scale fee

Catholic Charities of Madison

1810 S. Park St., Ste. 200, Madison, WI 53713

(608) 256-2358 or (800) 236-4673

<http://catholiccharitiesofmadison.org/>

***Sliding scale fee

Counseling Psychology Training Clinic

UW School of Education

1025 W. Johnson St., Rm. 312, Madison, WI 53706

(608) 265-8779

<http://eptc.education.wisc.edu/cptc/clinic-services>

***Sliding scale fee

The Family Center

A Service of Edgewood College

8025 Excelsior Dr., Madison, WI 53717

(608) 663-6154

<http://www.edgewood.edu/Academics/Graduate/MarriageandFamilyTherapy/TheFamilyCenter.aspx>

***Sliding scale fee

Family Service Madison

128 E. Olin Ave., Madison, WI 53713

(608) 252-1320

<http://www.fsmad.org/>

***Sliding scale fee

Jewish Social Services

6434 Enterprise Ln., Madison, WI 53719

(608) 278-1808

<http://www.jssmadison.org/>

Lutheran Social Services

6314 Odana Rd., Madison, WI 53719

(608) 277-0610

<http://www.lsswis.org/>

***Sliding scale fee

Mendota Mental Health Institute

301 Troy Dr., Madison, WI 53704

(608) 301-1000

http://www.dhs.wisconsin.gov/mh_mendota/

Journey Mental Health Center

(Formerly Mental Health Center of Dane County)

625 W. Washington Ave., Madison, WI 53703

(608) 280-2700

<https://www.journeymhc.org/>

***Sliding scale fee

Meriter Hospital Adult Inpatient Psychiatry

202 S. Park St., Madison, WI 53715

(608) 417-5336

<http://www.meriter.com/services/psychiatry-program/adult-psychiatry>

Psychology Research and Training Clinic

UW Department of Psychology

1202 W. Johnson St., Rm. 351, Madison, WI 53706

(608) 262-5925

<http://glial.psych.wisc.edu/index.php/psychgradprospective/psychgradabout/227>

***Sliding scale fee

St. Mary's Hospital Psychiatry Unit

700 S. Park St., Madison, WI 53715

(608) 258-6697

<http://www.stmarysmadison.com/Services/Pages/Psychiatry.aspx>

UW Health – Behavioral Health Services (Substance abuse and mental health)

1102 S. Park St., Madison, WI 53715

(608) 282-8270

<http://www.uwhealth.org/mental-health-addiction/behavioral-health-services/10864>

Wisconsin Psychiatric Institute and Clinics

UW Department of Psychiatry

6001 Research Park Blvd., Madison, WI 53719

New patients: (608) 233-3575

Existing patients/General inquiries: (608) 263-6100

<http://www.psychiatry.wisc.edu/uwpFacilities.html>

24-Hour Crisis Line: (608) 280-2600

Substance Abuse Services

Alcoholics Anonymous

Meetings offered at different locations in Madison and surrounding areas.

<http://www.aamadisonwi.org/>

Gateway Recovery Clinic

1102 S. Park St., Madison, WI 53715

(608) 282-8270

<http://www.uwhealth.org/mental-health-addiction/behavioral-health-services-programs-and-services/31282>

Madison SMART Recovery

Meetings offered at different locations in Madison.

(608) 520-0458

<http://www.madisonSMARTrecovery.org/>

Meriter NewStart

Substance Use Treatment Program

1015 Gammon Ln., Madison, WI 53719

(608) 417-8144

<http://www.meriter.com/services/substance-use-treatment-program>

Narcotics Anonymous

Meetings offered at different locations in Madison and surrounding areas.

Badgerland toll free Help Line: (888) 431-7526

<http://badgerlandna.org/>

Support

Depression & Bipolar Support Alliance

<http://www.dbsadanecounty.org/>

Domestic Abuse Intervention Services

24 Hour Help Line: (608) 251-4445 or (800) 747-4045

<http://abuseintervention.org/>

NAMI Dane County (National Alliance on Mental Illness)

United Way Building

2059 Atwood Ave., 4th Floor, Madison, WI 53704

(608) 249-7188

<http://namidanecounty.org/>

UW Students

University Health Services (UHS)

Counseling & Consultation Services

333 East Campus Mall, 7th floor

Madison, WI 53715

(608) 265-5600 (option 2)

<http://www.uhs.wisc.edu/services/counseling/>

University Health Services (UHS)

Alcohol and Other Treatment Services

(608) 265-5600

University Health Services (UHS)

24-Hour Mental Health Crisis Services

(608) 265-5600 (option 9)

Does My Insurance Cover Therapy?

If you have insurance and would like to make an appointment for mental health services, call the number for member services on the back of your insurance card to verify:

- Your insurance benefits
- Whether you require "prior authorization" to see a mental health provider
- Which providers are covered by your insurance